

HEAT UNITED INDOOR SOCCER PRACTICE SCHEDULE - LUSSA SPORTS FACILITY

Monday			Tuesday			Wednesday			Thursday			
Time	Field #1	Field #2	Field #3	Time	Field #2	Field #3	Field#1	Field #2	Field #3	Time	Field #2	Field #3
5:00-6:00	U9 Girls	U12 Boys White	U12 Boys Red	5:00-6:00	U10 Girls					5:00-6:00	U8 Boys/ U9 Boys	U12 Girls Red
6:00-7:00	U11 Girls	U14 Girls Black	U14 Girls Red	6:00-7:00	U13 Girls					6:00-7:00	U10 Boys	U11 Boys Red
7:00-8:00		U14 Boys	U15 Boys	7:00-8:00	U15 Girls	U12 Girls Black				7:00-8:00	U11 Boys	U12 Boys Black

Weeks of	Date	Activity	Week #
	November 9th	Training	1
	November 16th	Training	2
	November 30th	Training	3
	December 7th	Training	4
	December 14th	xmas scrimmage	5
	January 4th	Training	6
	January 11th	Training	7
	January 18th	Training	8
	January 25th	Scrimmage week	9
	February 1st	Training	10
	February 8th	Training	11
	February 15h	Scrimmage week	12
	February 22nd	Training	13
	March 1st	Training	14
	March 8th	Training	15
	March 15th	Scrimmage week	16
	March 22nd	Training	17